

**CONTACT Bundoora Community Centre Inc**

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All Correspondence: PO Box 139, Bundoora Vic 3083Telephone: (03) 9467 6305 Website: [www.contactbundooracomcen.com.au](http://www.contactbundooracomcen.com.au)**Welcome to Term 2.**

Hopefully everyone had a nice Easter break, is rested and ready for their creative projects.

As usual, Term 2 looks to be a busy time and will likely pass quickly before we know it. While the arrival of cooler weather can make it less appealing to leave the comfort of home, it's important to remember the benefits that socialising and staying connected brings. Connecting with others during this time not only boosts our mental health but also lifts our spirits, enhances our memory and cognitive abilities, and contributes to greater happiness and overall well-being. These are all excellent reasons to come along to Contact and stay engaged with the community.

This term the Annual General Meeting will be held on Wednesday 27 May. The annual general meeting is required to be held each year, as outlined in the Constitution. The meeting provides an insight into the previous years activities and thoughts on the year to come. It is not a long meeting and tea/coffee refreshments are provided. Please make the effort to come along and support the committee.

**Annual General Meeting Wednesday 27 May**

Morning classes on this day will commence at 9.15am and conclude at 11.15am.

The afternoon classes will commence at 12.15pm as normal.

The meeting generally takes about thirty minutes.

**EFTPOS Machine Arriving at Contact**

We are pleased to announce that an EFTPOS machine will soon be available for use, eliminating the need to carry cash for term tickets and larger payments. Keep your eyes peeled for when it will be available.

**Contact Bundoora Community Centre needs Volunteers**

*Are you someone with unused talents, some free time, a passion for connecting with others, and a sense of the importance of Contact?*

**WE NEED YOU**

We are seeking volunteers to help share tasks and bring fresh ideas and skills. Contact operates wholly on volunteers; additional members will make the workload lighter for everyone.

Volunteer Commitment – All positions within Contact are voluntary. By joining, you become part of a supportive team working together to achieve common goals. With more committee members, the workload is shared, ensuring no one is overwhelmed and tasks are managed efficiently.

You can volunteer as a

- Desk Duty volunteer – either on a regular basis or in emergencies, or as a
- Committee member who meets monthly to handle daily operations.

If you would like any further information, please speak to the committee member on the front desk duty, or pick up a nomination form to complete.

## Social Lunch Table



Join the Social Sit & Eat Lunch Table to chat with classmates or fellow Contact members while you eat lunch.

This is a great opportunity to enjoy your lunch, connect with others, and have a bit of a yarn before heading home or moving on to your afternoon class.

A dedicated table will be set up on Tuesdays and Wednesdays for anyone keen to sit together and eat their lunch.

You can stay back after your morning activities to enjoy your lunch in a friendly, social atmosphere, or arrive early for your afternoon class and join in for a cuppa and a chat.

## Introducing Kylie Loy

Please join us in welcoming Kylie to our Contact team. Kylie brings a wealth of experience in social media engagement and will help us expand our audience and support long-term success. Her expertise will allow us to share the positive impact that Contact has on community engagement with even more people.

Kylie will also help organise regular speakers to update Contact members on relevant topics, such as Retirement & Managing on a Limited Budget, Advanced Care Planning, Explore & Learn Online Using your Phones.

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## Reducing Paper Waste at Contact

To help reduce paper waste we kindly ask that everyone brings their own cup when attending. By using your own cup, you are playing a role in minimising single-use items and supporting a cleaner environment for all.



Cup bags including cup (optional) are now available for sale from the Desk Volunteers for \$5.

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## Support the Potato Chip Packet Project



Rosanna Fire Station Community House is currently running a fantastic initiative where empty potato chip packets are being repurposed into thermal survival blankets. These blankets are then donated to people experiencing homelessness and others in need, providing valuable warmth and support.

Donations of empty packets will help multiple causes – it takes 80 years for foil to breakdown in landfills so instead of your foil rubbish going to the already overflowing landfills, it will be helping those who need warm blankets, and you still get to enjoy your chippies without it costing you any extra money to help those in need!

If you would like to contribute, please consider saving your empty potato chip packets (larger packets are preferred). Simply leave them with the Desk Volunteers at Contact, and we will ensure they are delivered to Rosanna Fire Station Community House for use in this project.

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## Donated Goods Stall

Keep an eye out for the Donated Goods sale scheduled for Tues 4 & Wed 5 August.

Donations of appropriate materials, such as new or used craft supplies, can be given directly to the Desk Volunteers.

## Upcoming Presentation

Retirement & Managing on a Limited Budget will be held on Thursday 14 May at 12 noon, in the Annexe. Anyone interested in attending please leave your name and details with the Desk Volunteers or ring 9467 6305 to register your interest.

## ANZAC Day – Saturday 25 April, 2026

Anzac Day is a national day of remembrance and observed on 25 April each year. Anzac Day was originally devised to honour the members of the [Australian and New Zealand Army Corps](#) (ANZAC) who served in the [Gallipoli campaign](#), their first engagement in the [First World War](#) (1914–1918).

To commemorate the upcoming ANZAC Day, here's a brief history of the Anzac biscuits:

Anzac Biscuits originated during World War I as a durable, sweet treat sent to Australian and New Zealand soldiers, evolving into a national symbol of remembrance.

The first recipe resembling the modern Anzac biscuit appeared in Adelaide around 1919–1920, with desiccated coconut added by 1924. During World War I, **wives, mothers, and women's groups** sent these biscuits to soldiers because the ingredients **did not spoil easily** and could withstand long naval journeys. Eggs were often omitted due to scarcity, and golden syrup acted as a binding agent. The biscuits were initially called "soldiers' biscuits" or "Red Cross biscuits" and were sometimes baked for fundraising events to support the war effort.

Anzac biscuits are more than a sweet treat—they are a **historical and cultural icon**, reflecting the ingenuity and care of homefront communities during wartime and continuing as a cherished tradition in Australia and New Zealand.

### ANZAC Biscuits



#### Ingredients

150g <u>plain flour</u>	50g unsalted <u>butter</u> , diced
175g porridge <u>oats</u>	125g <u>golden syrup</u>
100g <u>desiccated coconut</u>	1 tsp <u>bicarbonate of soda</u>
100g soft light <u>brown sugar</u>	2 tsp boiling water
pinch of <u>salt</u>	

1. Preheat the oven to 180C. Line 2 large baking trays with baking paper.
2. Combine the plain flour, oats, coconut, sugar and a pinch of salt.
3. Melt the unsalted butter and golden syrup together. Remove from heat, add the bicarbonate of soda and boiling water and quickly mix to combine.
4. Pour the melted butter mixture into the dry ingredients and mix.
5. Scoop tablespoons of mixture into balls and arrange on the prepared baking trays, leaving space between each biscuit. Flatten each biscuit slightly.
6. Bake in preheated oven for 12–13 minutes, or until almost firm and starting to crisp. The biscuits will crisp and firm more when they cool.
7. Remove from the oven, leave to cool on the trays for 2 minutes, Store in an airtight container.

### Sausage Sizzle Fundraiser

On the 3<sup>rd</sup> & 4<sup>th</sup> March, Contact members came together to raise funds for two wonderful organisations. A grand total of \$1,414.50 was raised and Contact donated an additional \$1,000.

Blaze Aid and Buy a Bale each received a total of \$1,207.25 which was gratefully received.

All funds will help families and individuals by providing practical aid, mental health support, and recovery services for farmers affected by recent fires, cyclones, droughts, and floods. This achievement shows what our Contact community can accomplish together. Thank you to all who donated, helped, volunteered, and to Brendan, Tim, Geoff, and Mick for cooking the delicious sausages.

**Recent donation** to Prostate Cancer Foundation of Australia - \$244. This amount was raised at the Contact 2025 Christmas Raffle. The performing band Boo Boo & the Bear, Classic Rock generously requested that their performance fee be donated to Prostate Cancer, a gesture that was sincerely appreciated.

## Mini Market Cancelled

The Mini Market planned for 5 & 6 May is cancelled.

A Mini Market will be held on Tuesday, 10 November and Wednesday, 11 November. This much-anticipated event will hopefully feature a wide range of Christmas creative items for sale. To ensure the success of the market and offer a wonderful selection, we encourage everyone to begin preparations.

### A Small Gift, A Big Difference



We understand that many people are doing it tough at the moment, ie cost-of-living crisis. At Contact, we are committed to more than just recognising these difficulties—we are determined to **make a real difference** by providing meaningful support to those who need it most.

Our ongoing efforts include the regular collection of **non-perishable food** and **essential personal items**. Examples of these donations include tea, coffee, baked beans, pasta, rice, tinned foods, breakfast cereals, deodorant, and more. We also welcome contributions such as long life milk, muesli, and snacks, as these are in high demand and frequently requested.

These donated goods are **delivered directly to those in need** within our community. Please consider making a contribution and bring any items you can spare during your next visit to Contact and leave them with the Desk Volunteers.

### New/Returning Classes in Term 2

Contact will be offering additional classes in Term 2. Since there has been considerable interest in these classes, we encourage you to register asap if you would like to attend. Alternatively, please consider sharing this information with others who may be interested.

- Falls Prevention & Balance, on Thursdays 9.45 – 10.45 am \$15 per class.
- Air Brush Class on Thursdays 9.45 – 11.45am, \$10 per class.
- Returning class: Memoir Writing, workshops – 9.45–11.45am - Wed 22 & 29 April, Tue 26 May, 2, 9 17 June.
- Returning class: Art: Abstract/No Brush Art - Thursdays 9.45-11.45am \$12 per lesson

### Dates to remember:

Tuesday	21 April	Term 2 begins
Tuesday/Wednesday	5 & 6 May	Mini Market <b>CANCELLED</b>
Thursday	14 May	Retirement & Managing on a Limited Budget
Wednesday	27 May	Annual General Meeting
Thursday	25 June	Term 2 ends
Tuesday	14 July	Term 3 begins
Tuesday/Wednesday	4 & 5 August	Donated Goods Stall
Thursday	17 September	Term 3 ends
Tuesday	6 October	Term 4 begins
Tuesday	3 November (Melbourne Cup)	Closed
Tuesday/Wednesday	10 & 11 November	Mini Market
Tuesday	1 December	Term 4 ends
Wednesday	2 December	Contact Break up

*Thank you to Colin Brooks and his staff for the printing of this newsletter.*