



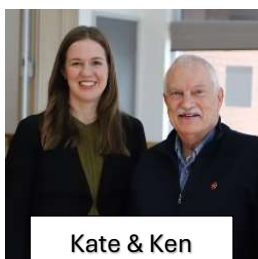
CONTACT Bundoora Community Centre Inc

Bundoora Hall, 20 Noorong Avenue, Bundoora 3083
All Correspondence: PO Box 139, Bundoora Vic 3083

Telephone: (03) 9467 6305 Website: www.contactbundooracomcen.com.au

Welcome back to Term 4!

As 2026 draws to a close, preparations for 2027 are already well underway. Behind the scenes, the Committee is working through the many practical tasks needed to keep the centre running smoothly. This includes booking the hall, arranging contracts and staff, developing plans for the year ahead and coordinating the centre's day-to-day operations. By completing this work early, the Committee is helping to ensure that programs and activities are organised and ready for members in the new year.



Kate & Ken

Kate Thwaites, Member for Jagajaga, recently visited Contact to learn more about our work and showed particular interest in Ken's Cross Stitch class. She also announced that our recent grant application was successful, enabling us to replace our ageing donated computer with a new one that can support current technology.



Alison & Yvonne

We also welcomed Banyule City Council Mayor Alison Champion, who praised Contact's charitable work and commended our members for their dedication and compassion in supporting people in need.

End of Year Celebration

A reminder that our end-of-year celebration will be held at noon on Wednesday, 2 December. Boo Boo & the Bear will provide classic rock entertainment, and if last year's lively event is any guide, this year's celebration promises to be just as enjoyable—if not better! Visit the Contact website to revisit the fun of the 2025 Christmas party through its videos and photos <https://contactbundooracomcen.com.au/gallery/>

Tickets for the Contact Christmas Raffle, our major annual fundraiser, will go on sale on Wednesday, 4 November.



End of Year Breakup
When: Wednesday 2nd December
Time: 12 noon at Bundoora Hall
Classic Rock Entertainment supplied
by Boo Boo & the Bear
Join us for a fun-filled celebration



Fee Increase

At its recent meeting, the committee approved fee increases to help address Contact's funding shortfall and rising essential operating costs which include covering the increase in the hall rental, wages and operating costs. The \$1 entry fee has not changed since 1991, despite substantial cost increases, and fundraising alone can no longer bridge the widening gap.

The following changes will take effect in February 2027:

- The entry fee will increase to \$2.
- Term tickets will be available at \$30 per term and will include two raffle tickets.

Contact's Charity donations update



The Sewing for Charity Table have been very busy with a total of 107 wildlife care items—including bat packs, glider possum bags and kangaroo pouches—donated to the Longwood veterinary clinic to support animals affected by the Longwood fire.

Hope in a Suitcase – another full delivery was made. Thank you to all the members for donating to this great cause. The donation tub will remain at the front desk for further donations.

Jewellery for Good group donated 60 bracelets in the recent delivery to Hope in a Suitcase charity delivery.

Contact celebrates the October Senior Festival

Please promote to your family and friends

Save Money & Compare Prices Online: A Guide for Seniors Thursday 22 October 2026, 12.15 – 2.15 pm

Would you like to save money and compare prices online! This hands-on session is designed to help you take advantage of the digital world and make smarter financial decisions. Whether you're looking to find the best phone plans, cheaper petrol, or grocery deals, we've got you covered. Plus, we've included some fun activities to try on your devices, eg Find the Best Petrol Prices Near You, Compare Grocery Prices, Explore Government Concessions, puzzles etc .

Booklet handout available, raffle prizes, tea & coffee and light refreshments available. This is a free class, but bookings are essential: classes@contactbundoora.comcen.com.au or Telephone: 9467 6305 (during Contact hours).

This event is filling up fast, so book now!

Contact Celebrates Senior Festival

Open Week at
Contact Bundoora
Community Centre

Contact offers 49 daytime classes and activities where men and women can meet in a social atmosphere to share interests and skills as individuals and groups to learn and create friendships.

All levels welcome.

Come along during class times to see first hand what goes on.

● Tuesday 20 & Wednesday 21 October:
9.45 am–11.45 am and 12.15 pm–2.15 pm

● Thursday 22 October 2026:
9.45 am–11.45 am



Chip Bags Blankets

Rosanna Fire Station Community House, 230 Lower Plenty Road, Rosanna. have requested help assembling chip bags/blankets on Monday mornings, as volunteers cannot keep pace with donations and demand for blankets.

If you would like to assist, please contact them on: Tel: **(03) 9458 1935**.

Fresh Milk – *Safety in the kitchen*

Please keep the milk away from the urns to prevent spoilage and reduce the risk of scalding when reaching for it.



Tuesday 10 and Wednesday 11 November

The Mini Market gives members and non-members the opportunity to sell items they have made throughout the year—and gives shoppers the chance to find unique Christmas gifts.

Cost \$10 table/day.

How it will work – This year, teachers and members with items to sell can book a table with the Front Desk Volunteers, before Thurs 5 November to allow tables to be set up for you. Shoppers can browse the tables and purchase items directly from each stallholder. Tables will be placed near the sellers.

Share a table – If a full table is more than you need, organise with other members to share the cost and serve customers together.

Everyone is welcome– The market is open to Contact members and the wider community.

***Please support Contact's Charity event,
all proceeds will be going to Breast
Cancer Research.***

Hoping to see you all in PINK!



Thank you to everyone who commented how much they enjoyed the recent soup at Contact. For those who requested it, here is Glenys' recipe.

Leek & Potato Soup (serves 4)

2 large leeks 5 potatoes, diced
1 pinch pepper (to taste) 2 tbs olive oil
2 cubes gluten free vegetable stock cubes
1 pinch salt (to taste)

Method:



Cook the leeks until soft in a large saucepan with 2 tablespoons of oil. Add potatoes and stir for 4 minutes.

Dissolve stock cubes in 1 litre of hot water and add to saucepan. Simmer until

potatoes have softened. Blend ingredients to form a thick soup mixture. Add chilli powder, salt and pepper to taste.

Thank you to Banyule City Council for the ongoing support they have given Contact this year and previous years. They not only provide financial support, but they also provide the committee with the opportunity to attend training and information workshops.

Member and Teacher Surveys Thank you to all members and teachers who completed the recent surveys. We are compiling the responses and will consider the suggestions and recommendations we can support.

A total of 125 Member Surveys were completed. Here are the results:

2026 MEMBER SURVEY – Responses						
Age	<u>Under 60</u> 4	<u>60–70</u> 36	<u>70–80</u> 60		<u>80+</u> 25	
How often do you attend	<u>Once/week</u> 108		<u>2–3/week</u> 13		<u>4–5/week</u> 0	
How did you hear about the centre	<u>Friend</u> 59	<u>Family</u> 7	<u>Doc/ Health Serv</u> 2	<u>Council</u> 6	<u>Social Media</u> 18	<u>Other</u> 34
How satisfied are you with the centre	<u>Very Satisfied</u> 92		<u>Satisfied</u> 31	<u>Neutral</u> 0	<u>Dissatisfied</u> 1	
Do you feel a sense of belonging at Contact	<u>Always</u> 90		<u>Often</u> 27	<u>Sometimes</u> 7	<u>Rarely</u> 0	
Has attending the centre helped reduce feelings of isolation and loneliness			<u>Yes</u> 99	<u>No</u> 0	<u>Not isolated</u> 34	
Are the program costs affordable				<u>Yes</u> 123	<u>No</u> 0	
How do you prefer to receive information	<u>Printed Newsletter</u> 97	<u>Email</u> 19	<u>Website</u> 0	<u>Facebook</u> 4	<u>Notice Board</u> 3	<u>Other</u> 0
Fundraising – are you happy with the current fundraising activities				<u>Yes</u> 120	<u>No</u> 3	

Overall, the feedback was highly positive. Thank you to the members who acknowledged the dedication and ongoing contribution of Contact's volunteers to the organisation's success.

Contact will carefully consider comments and make changes where practical and within its control. However, because the hall is hired from the Council, budget constraints and limited ownership of the furniture, ie tables and chairs restrict our ability to purchase new equipment or alter Council-owned property.

Dates to remember:

Tuesday	6 October	Term 4 begins
Tuesday	20 October	Open Day at Contact
Wednesday	21 October	Open Day at Contact
Thursday	22 October	Open Day at Contact
Thursday	22 October	Save Money & Compare Prices Online
Tuesday	27 October	Breast Cancer Awareness Month Morn/Aft tea
Wednesday	28 October	Breast Cancer Awareness Month Morn/Aft tea
Thursday	29 October	Breast Cancer Awareness Month Morn/Aft tea
Tuesday	3 November (Melbourne Cup)	Closed
Tuesday/Wednesday	10 & 11 November	Mini Market
Tuesday	1 December	Term 4 ends
Wednesday	2 December	Contact Break up

2026 Contact Classes will resume again on Tuesday 2nd February 2027

Thank you to Colin Brooks and his staff for the printing of this newsletter.