2027 – CLASS DESCRIPTIONS – Term 1

AIR BRUSH PAINTING ($10 per lesson)
Come and learn how to use an airbrush to create fun and beautiful artworks. No experience necessary (not even any art skills, this is a whole new world!) and all equipment provided. Just please bring an apron and wear clothes you don't mind if they get paint on them.
TEACHER: Kirsty Loschiavo Thurs 9:45 – 11:45am

ART CLASSES with Margaret ($12 per lesson)
Want to get out of your head space for a few hours? Come and join my art class where we will explore various art techniques and mediums in a relaxed, friendly environment with like−minded people. *Beginners very welcome*.
TEACHER: Margaret Nigro Wed 9:45 – 1:45am and 12:15 – 2:15pm

BASIC SEWING, DRESSMAKING, MENDING, Unfinished Objects and Smocking ($5 per lesson)
Learn basic sewing techniques, dressmaking using patterns, making your own patterns, how to alter and mend clothes or create new ones. This is also a good opportunity to complete unfinished objects with guidance available. Perfect for all levels. **TEACHER:** Carol McKay Tues 9:45 – 11:45am

BEADING & JEWELLERY MAKING (DESIGN & CREATION) ($6 per lesson)
Learn traditional and modern beading techniques as well as how to design and make your own earrings, necklaces etc. using beads, crystals, etc. Also learn design/study of various projects including crazy wiring.
TEACHER: Yani Moediman Tues 9:45 – 11:45am & 12:15 – 2:15pm
Wed 9.45 – 11.45am

BOBBIN LACE ($8 per lesson)
Bobbin Lace is a traditional handmade lace. The lace is made on a pillow using bobbins. **TEACHER:** Elizabeth May Tue 9:45 – 11:45am

BOOK CLUB ($15 per year)
Do you love reading books and talking about them with like−minded book lovers? Join the Contact Book Club now. Books will be provided by the YPRL (Yarra Plenty Regional Library). Book Club is on the first Thursday of each month. *This class is full, if interested please email your details to be placed on a waiting list.*
CO-ORDINATOR: Karen Phillips Thurs 10:30 – 11:45am

CAKE DECORATING/SUGAR ART ($10 per lesson)
Learn a variety of techniques including how to cover and decorate a cake. Create sugarcraft flowers, model characters and animals.
TEACHER: Irene Williams Tues. 9:45 – 11:45am

CARD MAKING ($10 per lesson)
This class will teach you how to make your own wonderful and personal greeting cards. Using a variety of mediums such as stamps, inks, die cuts, ribbons, embellishments and embossing. The class will cater for all levels, starting at beginner, progressing to advanced levels. **TEACHER:** Sue Johnson Wed 12:15 – 2:15pm

COUNTED CROSS STITCH with Ken ($5 per lesson)
Learn this delightful counted stitch embroidery in a variety of projects. Kits and patterns available. **TEACHER:** Ken Foggie Tues 12:15 – 2:15pm, Thurs 9:45 – 11:45am

CREATIVE CORNER – Drop in Group
Come along and join this small and friendly group with a cuppa and work on your own creative projects. **CO-ORDINATOR:** Pauline Middelveld Tues 12:15 – 2:15pm

EMBROIDERY GROUP ($8 per lesson)
Join Jan and her friends over a cuppa in this friendly group. Bring your own embroidery or ask Jan to help you learn something new. We can help you learn basic embroidery, 3D, blackwork and goldwork.
TEACHER: Jan Hashman Wed 12:15 – 2:15pm

FALLS PREVENTION & BALANCE ($15 per lesson)
The program will focus on functional exercises that support daily activities such as walking, turning, stepping, reaching and navigating uneven surfaces. All sessions will be delivered in a safe, supportive and inclusive environment, with modifications provided to suit varying abilities. Chairs and supports will be used where required and participants will be encouraged to work at their own pace.
TEACHER: Jodie Finn Thurs 9:45 – 10:45am

FREE MOTION MACHINE EMBROIDERY GROUP ($8 per lesson)
In this group we will be exploring some alternative techniques for people with basic sewing machine skills. We will be having some fun creating, sewing, and chatting over a cuppa. You will need to bring your own sewing machine in good order.
TEACHER: Jan Hashman Tues 9:45 – 10:45am

GOLD WORK EMBROIDERY FOR BEGINNERS ($8 per lesson)
This class is intended for people interested in learning this ancient skill. Materials will be available for sale from the teacher.
TEACHER: Jan Hashman Wed 9:45 – 11:45am

GOOD MOVES: MOVE MORE, SMILE MORE ($15 per lesson)
Music Low impact Cardio + strength Plenty of laughs
Simple dance-style movements Coordination + brain work
A social, welcoming atmosphere, and importantly, people don't need to be "good at dancing". No dance experience required, just come along and move!
TEACHER: Jodie Finn, Wed 12:30 – 1:30pm

KNITTING & CROCHET including Tunisian Crochet ($6 per lesson)
All aspects of knitting and crochet including entrelac, lace, colourwork, broomstick and basic hairpin crochet, incorporating beads and embellishments. This class also covers all aspects of Tunisian crochet, ie basic Afghan stitch plus other commonly used Tunisian stitches, textured ad lace stitches, colour work and shaping. Ideal for beginners to advanced.
TEACHER: Beverley Parry Tues 9:45 – 11:45am & 12:15 – 2:15pm,
Wed 12:15 – 2:15pm, Thurs 9:45 – 11:45am

MAHJONG FOR BEGINNERS ($5 per lesson)
Learn a game of skill which will help to keep your brain stay active as you go through life. We are a welcoming group who love to meet new people and look forward to showing you how to play this intriguing game.
TEACHER: Judith Pauwels Wed 12:15 – 2:15pm

MOSAICS WITH ANNA ($10 per lesson)
Learn the basic art of mosaics, creating masterpieces using tiles, glass, crockery and other mediums.
TEACHER: Anna Barto Tues & Wed 9:45 – 11:45am, 12:15 – 2:15pm.

PAPER TOLE ($10 per lesson)
Paper tole is an ancient art form of turning beautiful paper images into 3D so that the picture looks lifelike. This is achieved by using a scalpel and some simple tools. It is a very easy craft after you have learnt a few simple basics and enables you to make framed pictures or magnificent cards. Kit available.
TEACHER: Jeanie Handsaker Tues 9:45 – 11:45am

PATCHWORK, QUILTING, TEDDY BEAR MAKING & Unfinished Objects ($5 per lesson)
All aspects of creating patchwork quilts, using hand or machine sewing, and techniques in quilting are covered in this class, OR learn to make a classical style fully jointed bear. This is also a good opportunity to complete unfinished objects with guidance. Perfect for all levels. Own machine necessary
TEACHER: Carol McKay Tues 12:15 – 2:15pm

PATCHWORK WITH ROSE ($7 per lesson)
Experience the challenge of this craft, using a sewing machine and/or hand stitching. Learn how to create traditional Patchwork squares as well as how various patchwork patterns and blocks are achieved. Techniques such as cutting fabric, applique, basting, paper piecing, hand/machine quilting and binding are also covered. Make delightful quilts and other articles that will become family heirlooms. This class is suitable for someone with intermediate sewing skills.
TEACHER: Rose Zappelli Wed 9:45 – 11:45am and 12:15 – 2:15pm

PILATES BASED MOVEMENT CLASS ($17 per lesson)
This class focuses on merging breath awareness with graceful, controlled exercises from different modalities to improve posture, balance, strength, mobility and flexibility - helping you to move and feel better in your daily lives. You will need to wear comfy clothes and socks, bring a water bottle and your own mat.
TEACHER: Sue Kent Wed 9:30 – 10:45am

PILATES BASED GENTLE MOVEMENT CLASS ($17 per lesson)
This class is specifically for the over 60's with a strong focus on pelvic floor education, keeping your brain active, improving posture, balance and core strength so you can age well in a strong and mobile body. You will need to wear comfy clothes and socks, bring a water bottle and your own mat.
TEACHER: Sue Kent Wed 11:00 – 12:15pm

PORCELAIN DOLLS/REBORN VINYL DOLLS (15 per lesson/$18 Casual/Drop in students)
Enjoy the experience of creating a porcelain doll from the beginning. Learn to clean the greenware, paint the doll and then assemble the doll. Reborning is the process of taking an unpainted vinyl kit and creating a life−like work of art that resembles a real baby or toddler.
TEACHER: Lee−Anne Carpenter Tues 9:45 – 11:45am and 12:15 – 2:15pm

SCRAPBOOKING ($8 per lesson)
This class will show you how to get your precious photos and memories organised and into creative albums and caters for all levels from beginners to advanced scrapbookers. A great time to work on your albums at your own pace whilst receiving ideas and learning techniques. You will need photos/memorabilia. Basic tools required: Acid free adhesive, paper/photo trimmer, coloured acid free/lignin free paper available to purchase Everything you use in your albums should be acid and lignin free as well as buffered, if not they will harm your precious photos.
TEACHER: Christine Fitzgerald Tues 9:45–11:45am

SEWING FOR CHARITY – Drop in Group
Volunteer some time and help create donations to local charities. The Contact Sewing for Charity Table receives many donations of fabric, wool etc., as well as unfinished projects. The Sewing for Charity group complete these projects ie quilts, wheelchair quilts, walker bags, sensory mats, items for cancer patients etc and donate to local nursing homes, fostering agencies, as well as various charities who support families and children in need.
CO-ORDINATOR: Yvonne Wojniusz Wed 9:45 – 11:45 am

SIT, SEW & CHAT – Drop in Group
No matter what your experience is, come along and join the group to learn and polish up your skills. Bring along your unfinished projects. There is always something to learn.
CO-ORDINATOR: Janine Winchcombe Tues 12:15 – 2:15pm

SPINNERS CORNER – Drop in group
Is your Spinning Wheel and fleece sitting there collecting dust? Come along and join this small and friendly group, have a cuppa and work on your spinning techniques or learn how to use your spinning wheel. Bring your own spinning wheel and fleece and spin away!
CO-ORDINATOR: Joy Marston Wed 9:45 – 11:45 am

TAI CHI – Drop in Group
Looking for a fun morning learning Tai Chi (Woo Choo). Come and join our informal group **CO-ORDINATOR:** Anne Macauley Thurs 9:45 – 11:45am

WATERCOLOUR PAINTING – Drop in Group
This class is a drop-in class that provides an opportunity for students to explore watercolour techniques in an encouraging and respectful environment. It is suitable for students with some experience and ability to work independently.
CO-ORDINATOR: Angela Dzousdanis Wed 9:45 – 11:45am

YOGA ($14 per lesson)
A supportive friendly class to help you gently tone, improve flexibility and strengthen your body, ease mental tension and sooth the mind. Everyone can practice yoga regardless of age, experience or level of flexibility. Begin with gentle movements followed by postures to make you strong then breathing techniques.
TEACHER: Nalini Singam Tues 9:30-11:30am

X−Stitch – **Drop in group**
Come along and explore the creative world of counted-thread cross stitch in a relaxed and friendly drop−in and chat class while working on your beautiful projects. This class will suit people who are keen to enjoy each other's company and exchange tips and tricks to further enhance their craft.
CO-ORDINATOR: Pat Gibson Wed 9:45 – 11:45am

ZUMBA Fusion ($10 per lesson)
This is more than just a dance class; it's a journey towards health and happiness! Get fit dancing together and learning new steps! Dance away your worries and get fit through this gentle yet effective workout! Connect with a community of fitness enthusiasts! ZUMBA Fusion is a Latin-inspired dance-fitness class with motivating music and easy to follow dance moves that will tone, energise, revitalise your body, improve your memory, cognitive abilities and overall well being! Zumba Fusion is a "feel-happy" workout for both the body and the mind. Suitable for all fitness levels. In a friendly environment with a professional. Please, bring a shawl or a scarf with you! Don't forget your smile and enthusiasm **TEACHER:** Luda Cherstnov Tues 11:45 – 12:45pm

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Contact is closed during school holidays and will resume again on Tuesday 2nd February 2027

Drop in group – *no teacher fee – suitable for students with ability to work independently.*

FULL CLASS *– To add your details to a waiting list, email classes@contactbundooracomcen.com.au*

Updated November 2026